

# Autoandrophilia survey

Note: I would like you to participate in this survey, whether you're into autoandrophilia or not (as a control).

Autoandrophilia refers to a sexual interested in being a man/masculinized. I have previously asked you a survey about the opposite, "cross-gender fetishism", which refers to a sexual interest in being a woman/feminized, but someone advised me to also ask about autoandrophilia too. In this survey you will be asked about whether you are autoandrophilic.

\* Indicates required question

## 1. Prolific ID \*

What is your Prolific ID?

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## Common autoandrophilia

Autoandrophilia is the "opposite" of cross-gender fetishism/transvestic fetishism. That is, whereas a man who is a transvestic fetishist might find it sexually arousing to wear sexy women's clothes or turn into a sexy woman, a man who is autoandrophilic might find it sexually arousing to wear handsome men's clothes or turn into a more handsome man.

Note: Just because one is not into cross-gender fetishism does not mean one is necessarily into autoandrophilia. It is possible to be into neither. Also, just because one is into cross-gender fetishism does not mean one cannot be into autoandrophilia. It is possible to be into both.

Autoandrophilia can take many forms. Below I've listed some of the most common forms I have seen it take in surveys, but you should not take this as being the *\*only\** ways it can present.

## 2. Have you ever masturbated to your own nude reflection, or photos of your own nude body, or similar? \*

*Mark only one oval per row.*

|   | Never                 | A few times           | Some times            | Frequently            |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| - | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3. How many of your sexual fantasies involve you acting out attractive masculine scenes? (e.g. being a muscular, glistening lumberjack) \*

Mark only one oval per row.

|   | None                  | A few                 | Some                  | A lot<br>but not<br>most | Most                  |
|---|-----------------------|-----------------------|-----------------------|--------------------------|-----------------------|
| - | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/> |

4. How sexually arousing would you find it to imagine magically transforming to look much more handsome and masculine? E.g. transforming to grow big muscles \*

Mark only one oval per row.

|   | Not at<br>all         | A little              | Moderately            | Quite                 | Very                  |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| - | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

5. How often do you dress up in sexy masculine clothes for your own sexual pleasure? \*

Mark only one oval per row.

|   | Never                 | Rarely                | Sometimes             | Often                 | Very<br>often         |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| - | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

### Autoandrophilic sexual experiences

I would like to get more thorough and in detail with whatever autoandrophilia you might have:

## 6. Most erotic autoandrophilic scenario \*

Briefly, what is the most erotic scenario you can think of in which you derive eroticism or sexual arousal from your own maleness? (If there are no sexual scenarios where you could find it hot to be a man or otherwise masculinized, write "N/A" here.)

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## 7. Autoandrophilic sexual arousal \*

How sexually arousing can you find the autoandrophilic scenario?

*Mark only one oval.*

- ☐ Not at all/I don't have any autoandrophilic sexuality
- ☐ Somewhat; e.g. I guess I can kind of find it attractive, but on its own it doesn't do much for me
- ☐ Quite; e.g. it can definitely be arousing
- ☐ Extremely; e.g. its eroticism is one of the strongest feelings I feel

## 8. Frequency of autoandrophilic sexual fantasies or experiences \*

How often do you have autoandrophilic sexual fantasies or experiences?

*Mark only one oval.*

- ☐ Never/I don't have any autoandrophilic sexual fantasies or experiences
- ☐ Rarely; e.g. I have had some sexual experiences about it, but it is not common
- ☐ Regularly; e.g. while it is not present in most of my sexual fantasies, it's often there
- ☐ Usually/always; e.g. it is present in most of my sexual fantasies

9. Exclusivity of the autoandrophilic sexuality / attractiveness of "normal" sexual interests \*

How sexually arousing can you find sexual scenarios that do not involve an emphasis on your masculinity, such as scenarios where you have sex with a man and it is all about him and his body, rather than about your masculinity?

*Mark only one oval.*

- ☐ I do not have autoandrophilic sexual fantasies in the first place
- ☐ Very; e.g. sexual scenarios can get just as attractive without autoandrophilic elements as with them
- ☐ Somewhat; e.g. I can functionally be into scenarios without autoandrophilic elements, but it's not quite the same
- ☐ Slightly; e.g. with great effort and/or low satisfaction, I can participate in scenarios without autoandrophilic elements, but they would not be very attractive
- ☐ Not at all; e.g. autoandrophilic sexuality is required for me to find some scenario attractive

10. Onset of autoandrophilic sexuality \*

When did you first start having your autoandrophilic sexuality?

*Mark only one oval.*

- ☐ I have never had any autoandrophilic sexuality
- ☐ Recently; it's not something I've been into for very long
- ☐ After my teens; I've only become into it as an adult
- ☐ During my teens, but later than some other parts of my sexuality developed
- ☐ At the same time as I developed my other sexuality
- ☐ Even prior to developing clear erotic arousal, I remember having been particularly interested in autoandrophilic themes

## 11. Trajectory of autoandrophilic arousal \*

How has your interest in autoandrophilic sexuality changed over time?

*Mark only one oval.*

- ☐ I have never had any autoandrophilic sexuality
- ☐ It's become weaker or less central as a part of my sexuality
- ☐ It's been inconsistent; it's come and gone every once in a while
- ☐ It's been fairly stable over time
- ☐ it's tended to strengthen or become more important over time

## 12. Autoandrophilic erotic material \*

Do you use any porn, erotic literature, or erotic comics depicting your autoandrophilia? Such as jockification, muscle growth, or similar; it does NOT count with just imagining that you are the man in ordinary porn such as gay porn.

*Mark only one oval.*

- ☐ I do not have any autoandrophilic sexuality
- ☐ I do not use any erotic material that explicitly features autoandrophilic themes
- ☐ I rarely use autoandrophilic erotic material
- ☐ I sometimes use autoandrophilic erotic material
- ☐ I often use autoandrophilic erotic material

## 13. Comments

Optionally: Do you have any additional detail you would like to give about your experience of autoandrophilia before finishing the survey?

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# Google Forms